

Sheboygan Senior Community

Short Term Rehab • Assisted Living
Skilled Nursing Care

October 2017



3505 County Road Y

Sheboygan, WI 53083

(920) 458-2137

sheboyganseniorcommunity.com

Resident Birthdays



10/04	Geri Rusch
10/08	Leaty Harris
10/12	Teresa Peterson
10/14	Irene Waisanen
10/31	Connie Brown
10/31	Joan Rautmann

Special October Events

- October 9 – 2:30pm – Steve & Kathleen Music Program – TOL*
- October 13 – 1:30pm – All Staff Meeting – TR*
- October 13 – 2:00pm – Halloween Coloring / Pumpkin Carving – Maple DR*
- October 14 – 2:00pm – Octoberfest Duo Polka Music – TOL*
- October 16 – 2:00pm – Frances Rank Piano Polka / Waltzes – TOL*
- October 20 – 2:00 pm – Jack Borkenhagen Piano Music – TOL*
- October 23 – 2:30pm – Meet in the Kitchen: Halloween Treat – Maple DR*
- October 24 – 10:00am – Lakeshore Ensemble with Dr. Hancock – TOL*
- October 27 – 2:00pm – Halloween Movie and Snacks – TOL*
- October 30 – 2:00pm – Story of Sheboygan Part 5 – TOL*
- October 31 – 2:00pm – Halloween Happy Hour & Costume Contest – TOL*

Staff Birthdays

10/03	Nikita Bell
10/03	Lucas Bouche
10/03	Isabel Mueller
10/10	Brenna Zajkowski
10/17	Amber Averkamp
10/31	Zachary Jarentowski



Staff Anniversaries

10/05	Cori Menzer	19 years
10/11	Nikki Michaels	3 years
10/16	Karen Adams	9 years
10/16	Randy Stuckmann	3 years
10/29	Janet Crawford	19 years
10/29	Amber Averkamp	2 years



SSC Gallery – Grand Opening

After months of planning, crafting and creating, the Sheboygan Senior Community Art Gallery celebrated its grand opening on Thursday, October 5 complete with hors d'oeuvres and the piano music of Marlene Thompson. There are four different installations ranging from canvas paintings, to collaboration with Seton Catholic School, to artwork called "God's Eyes" using yarn and wood sticks. The mastermind behind the gallery is our Director of Life Enrichment, Melissa Thiel. We plan on keeping the art timely and fresh by changing out the exhibits on a quarterly basis. We invite everyone to stop by the Training Room and experience the talent of our residents firsthand.





From the Desk of Paul Treffert

And Autumn is upon us...

I have mentioned before that after years of working in other organizations where spontaneity and creativity were frowned upon, one reason I enjoy my job so much is because we get to try new things and take on new challenges. Some work out, some don't, and some don't turn out as planned. But we are always looking for new ways to solve old challenges, build new relationships with our community, or just shake the place up now and again. Of course, our ability to take on new projects, as well as meeting our daily responsibilities of caring for 87 elderly residents, is absolutely tied to the caliber of the direct care staff and management team. Thankfully, we have talented, dedicated people across our organization. Here are a few of the things we have been working on lately...

For almost a year, our Plant Operations Director, Randy Lawrence, has been leading us through months of planning and training culminating in a live action ALICE training exercise. ALICE stands for Alert, Lockdown, Inform, Counter, Evacuate, and is a federally sanctioned training program for Active Shooter/Violent Intruder situations. It was surreal to see an 'active shooter' walking through our building, but uplifting to see our employees react in the ways they had learned in Randy's training. We were reminded again last week that these kind of horrific occurrences are sadly now a reality of America life, so I am pleased to announce that SSC is now an ALICE certified facility. More information about our ALICE drills is also available online at www.sheboyganpress.com.

On a much more positive note, we were able to combine three different events into one, fun, busy weekend. On Friday, September 8th we held our first annual Parade around the Pond, where over 30 employees and family members escorted residents on a walk around the pond (.28 miles!!), and ended in the therapy gym with a pizza party hosted by Aegis Therapy.

Then, the next morning, on Saturday, September 9th, a group of employees and family members walked in Sheboygan County's Walk to End Alzheimer's at beautiful Evergreen Park. Team Sheboygan Senior Community finished fifth in fundraising for the event. That afternoon, we hosted our 2nd Anniversary Celebration and Open House, starring Johnny Dough. It was October 1, 2015 that the new facility opened. It was great to see so many families here celebrating with their loved ones. Special thanks to Melissa, Dana, Aegis Therapy staff, Judy and Dietary, and the planning committee who organized our busy weekend.

I am also pleased to announce that SSC has been named the official caterer for the Stefanie H. Weill Center, and I have been asked to join their Board of Directors. Sheboygan is blessed to have such a wonderful community asset in the Weill Center, and I am honored to have been asked to contribute my ideas about how to help Weill Center get closer to reaching its full potential.

Speaking of the Weill Center; one more invitation to join us for a screening of the 1988 film *Rain Man* with a 'behind the scenes' video created just for us on Wednesday, October 18. And then again we invite you to join us on October 19 for a full program dedicated to education and raising funds to buy assistive technology for families of kids with autism. www.iautismevents.com.

Finally, please be sure to check out new video feed in Café Redwood that provides information, calendars, and pictures of all the great things happening at SSC. Special thanks to Stephanie Goetz for her work in setting this up.

Thank you to everyone for your continued support of Sheboygan Senior Community.

Paul T.

ALICE Training Recap

Staff at Sheboygan Senior Community participated in two live-action active shooter drills on Tuesday, September 12. The training drills were led by ALICE certified instructor and SSC Plant Operations Director, Randy Lawrence, Deputy Brent Multer, and RTF team leader and Town of Sheboygan EMS Lieutenant, Mike Brungraber.

"I applaud the Sheboygan Senior Community staff for recognizing the importance of this training. Their willingness to step forward to teach their employees how to handle these very stressful and serious situations should be recognized and commended," Brungraber stated.

Staff members were in wheelchairs portraying residents, while others had to make the split second decisions to either: Alert, Lockdown, inform, Counter or Evacuate (ALICE*). Different scenarios were used to simulate an active shooter event. Prior to the event, staff had full-day training sessions in ALICE by Randy Lawrence. In the training, staff learned that if a situation of this magnitude were to occur, chances are the shooter will not be a random person, and they would already be in the building, for example: a disgruntled employee, spouse of an employee, or family member of a resident.

"No one wants to think about that one bad day, but we're not doing our job as leaders and healthcare professionals if we don't plan for these worst case scenarios," SSC Executive Director, Paul Treffert said.

The Sheboygan County Sheriff's Department and other protection agencies were on site to monitor response. Completion of this live drill allows certified instructor, Lawrence, to go out in the community and certify other buildings.

Sheboygan Senior Community is the first and only nursing home, assisted living and short-term rehabilitation facility to be ALICE certified in the county.

***Alert** – your first notification of danger.

Lockdown – barricade the room and prepare to evacuate or counter.

Inform – communicate the violent intruder's location and direction in real time.

Counter – Not fighting but creating noise, movement, distance, and distraction with the intent of reducing the shooter's ability to shoot accurately.

Evacuate – when safe to do so remove yourself from the danger zone.



Resident Spotlight – Karl Sasse

Karl Sasse is known as the Mr. Clean of SSC. As I entered room #201 to conduct this interview, I was asked to remove my shoes, take a shower, and freshen up with disinfectant soap scrub. Karl has a direct phone line to Gary and Al in maintenance, so they can drop in to cover any nicks or scratches on the wall, and the White Glove treatment is done after every cleaning. Just kidding... well, kind of. Karl is also known by his neighbors as the king of lawn care, housekeeping and litter patrol.

The home where Karl was born in is now where the Kohler Credit Union in Kohler is located. His childhood home was bought by the owners of Roy's Tree Farm and moved to its current location on County Trunk Y. Pretty cool, right? Karl had one brother and one sister, and he is the oldest. The three siblings would spend much of their time ice skating and playing baseball. Karl went to school in Kohler from elementary through junior high. When Karl turned sixteen, his Dad bought a farm in Haven, Wisconsin, and Karl worked as a full-time farmhand. His primary job was feeding and caring for the livestock. At 18 years old, he enrolled in vocational school to acquire skills to be a carpenter. After his second year there, Karl was drafted by the U.S. Army: Ground Force Division. He trained at both Camp Young and Camp Cook in California. One year later, he was honorably discharged after he contracted Scarlet Fever. Karl then, returned to the Sheboygan area.

In 1947, Karl met his wife Betty after he went to one of the weekly dances held at Turner Hall in Sheboygan. They were blessed with three children: Bob, Sue and Nancy. During the years raising his kids, Karl held various jobs and positions. He was employed by Kyle's Service Station, Kohler Company, Garton Toy Factory, and Vinyl Plastics. His favorite job of all was working as a Press Operator at Vinyl Plastics. After 32 years of service there, he retired at age 65. Well, he didn't actually "retire" in the true sense of the word. Karl babysat his three grandchildren full-time for approximately 16 years. What did that entail? Two of the grandchildren were twins; which can be challenging. He took the children to gymnastics, baseball, softball, tennis, doctor appointments, and the whole ball of wax. Would he change a thing? NOPE! Karl is a family man, and his children and grandchildren will testify to his authenticity, passion and selfless love. Karl now has five grandchildren and two great-grandchildren.

You will see Karl's children faithfully visit their father on a daily basis. That has always impressed me the most about the Sasse family. After this interview I understand now **why** that is. He was always there for them when they were members of the Sheboygan Knights Drum and Bugle Core, driving the truck or chaperoning their winter dances. He would jump every time they called their dad for help. They say apples don't fall far from the tree!

When asked what Karl enjoys most about living at SSC; he admits to loving the attention each nurse or aide gives him, as he needs assistance with dressing, bathing, and dining. The food is great, but he confessed he also loves his secret drawer of Chips Ahoy and Lemon Drops. Karl misses his home – he enjoyed grooming the lawn and spending time outdoors. But what Karl misses most of all is driving his car to the Plymouth races each week. Well, you have WON the race Karl. You have an awesome family that love and respect you beyond words. What more could a guy ask for?



Staff Spotlight - Tom Lawry

Tom was born in Madison, Wisconsin. At the age of 9 his family moved to Sheboygan Falls. He has a step brother and a step sister. Tom was recruited by the Sheboygan Falls Falcons for both their Football and Wrestling teams. While in high school, Tom worked at the Schneider Cheese Factory, for three years in packaging. Soon after graduation, the RMC Real Estate Company hired Tom as a builder, specializing in single family homes. He acquired valuable skills during his time with RMC that have allowed him to repair and improve his own residence, and those of family and friends.

After the September 11, 2001 attacks on U.S. soil Tom was inspired to join the U.S. Army. He was a member of the Field Artillery Division. Tom served two years and had one tour in Iraq. During his service in Iraq, Tom was hit by an IED while driving in a Paladin, and he suffered 2nd and 3rd degree burns to his leg. Tom spent two months in various Army hospitals in Kuwait, Germany and Texas. Tom was awarded a Purple Heart: the Purple Heart is given to those who were wounded by an instrument of war in the hands of the enemy. It was the care he experienced in the Army hospital that prompted him to pursue a career in healthcare.

When Tom returned to the states in 2004 he got married, and was blessed with two daughters: Alyssa and Hailey. His first job after coming home was in production at Bemis Manufacturing. In his heart, Tom knew his true calling was to be a nurse, so he enrolled at LTC in their nursing program. At one point he was employed by the State of Wisconsin as a Corrections officer in the Kettle Moraine area. It was good money, but the days were 16 hours long. So Tom went back to school at Rasmussen College in Green Bay where he now has 33 weeks left before he obtains his nursing degree.

Tom's favorite things to do in his spare time are to coach his girls in soccer and basketball, and work on the stage crew at the Stefanie H. Weill Center where his daughters dance in the Nutcracker every Christmas Season. Tom's family has grown as Jeanette and her son, Cam, now complete their family unit.

One thing most people may not know about Tom is that he can do nails and hair! Did you hear that Tanya and Trish? For many years he practiced on "Malibu" Barbie dolls making French braids and twists. He's pretty humble about this accomplishment, but Alyssa and Hailey sing his praises! Tom hopes to travel the world one day with Jeanette as traveling nurses. We are so proud of your heart to serve both our residents and our Country!! You were awarded a Purple Heart, but you were created with a heart of GOLD.

Welcome to the TEAM



9/14	Susan Gundrum	Dining Services
9/14	April Hermann	CNA
9/21	Sharon Henderson	MDS Coordinator
9/29	Marie Wiesner	Dining Services
9/29	Madison Samsal	Dining Services
9/29	Brandon Abraham	Dining Services

Team SSC had another successful year participating in the Walk to End Alzheimer's!

- Team SSC raised \$1,865 coming in 5th place overall for funds raised in Sheboygan County
- Our team raised \$409 more than last year
- Sheboygan County as a whole raised \$54,822.59
- While the walk is over, we can still raise funds through the Walk to End Alzheimer's website
- We were able to raise \$1000 between the two bake sale days and a week's worth of café proceeds going toward the walk

We will look forward to walking again in 2018

iAutism: APPreciating the Spectrum

SSC has teamed up with the Kiwanis Club of Greater Sheboygan and RCS Empowers to plan a fundraising event at the Stefanie H. Weill Center for the Kiwanis project *Focus on Autism*. The *Focus on Autism* project provides iPads to children in our community with an Autism Spectrum Disorder (ASD). Assistive technologies, like the iPad, help improve the communication skills, verbal and nonverbal, of children with ASD.

The two-evening event starts on Wednesday, October 18 with a 6:30PM screening of the 1988 film *Rain Man*. The next evening features keynote speaker Dr. Darold Treffert from the Treffert Center in Fond du Lac. Dr. Treffert was the behavioral consultant for Dustin Hoffman's Oscar winning performance of a Savant man. Kim Nichols-Green, Professor of Special Education for University of Wisconsin-Oshkosh, will also be speaking about Assistive Technologies. Thursday's program begins at 7PM. Both evenings include concessions, iPad demonstrations, and Silent Auction items. Tickets to see *Rain Man* on the big screen are \$5 through the Weill Center Ticket Office. Thursday's program is open to all with a suggested donation at the door.

A Meet & Greet with Dr. Treffert will be before the program on Thursday at 6PM. SSC Catering will be providing hors d'oeuvres. Advanced tickets are \$25, available at the Weill Center Ticket Office. Take advantage of this unique experience to meet an expert in the medical field, considered a "Rockstar" by people who live and work with Autism Spectrum Disorder.

For more information, contact Stephanie in the business office, or Dana in the life enrichment office.