

Sheboygan Senior Community

Short Term Rehab • Assisted Living
Skilled Nursing Care



March 2017

3505 County Road Y
Sheboygan, WI 53083



Resident Birthdays

03/01	Joan Koch
03/06	Robert Emerson
03/23	Bonnie Zelm

Staff Birthdays

03/02	Peggy Meyer
03/08	Allen Kirsch
03/08	Heather Sunagel
03/17	Patty Twohig
03/18	Jean Lewis
03/20	Cathy Wenninger
03/25	Marissa Graff
03/27	Angelia Vue

Special Upcoming Events in March

March 16 – 10:15am – Seton Catholic School Visit – TR
 March 17 – 2pm – Happy Hour – Willow Dining Room
 March 20 – 10:30am – Resident Council – Maple Den
 March 20 – 11:15am – Resident Council – Willow Living Room
 March 20 – Afternoon – Museum Bus Trip – Willow
 March 20 – 2:30pm – Hot Cocoa & Brain Games – Oak LR
 March 21 – 10:30am – Spring Coloring – Maple Dining Room
 March 23 – 3pm – Johnny Dough: Johnny Cash Tribute – TR
 March 24 – 2pm – Word Games – Willow Dining Room
 March 27 – Afternoon – Walmart Shopping Trip – Willow
 March 27 – 2:30pm – Meet me in the Kitchen – Maple Dining Room
 March 30 – Morning – Absentee Voting – All households
 March 31 – 2pm – Happy Hour – Oak Dining Room
 March 31 – 2pm – Happy Hour – Willow Dining Room

Staff Anniversaries

March 3	Michael Roeder	1 year
March 3	Danielle Walski	1 year
March 8	Patty Twohig	21 years
March 15	Dana Elmzen	1 year
March 15	Cassandra Neese	1 year
March 22	Carolyn Miesfeld	5 years



From the Desk of Paul Treffert

Well....that was unexpected.

In our last newsletter, I mentioned that SSC was nominated for a major award at the Sheboygan County Chamber of Commerce Champions Gala, held Tuesday, February 21 at The Osthoff Resort in Elkhart Lake. Walking in and seeing our nomination plaque sitting next to so many well-regarded organizations like: Acuity Insurance, Sharon Richardson Hospice, RCS Empowers, Miesfeld's Meat Market, Blue Harbor, Destination Kohler, and Sargento Foods was a little surreal. We were the only skilled nursing provider nominated, and we had never been nominated before, so I really thought it was a tremendous honor to even be considered. It honestly never occurred to me that we might win.

I continue to be impressed with the connectedness and philanthropy of the Sheboygan County leaders, and enjoy playing a role in raising our profile as an essential player in the local healthcare continuum. So that night, I was thrilled to be representing Sheboygan Senior Community along with a few members of our management team, our Medical Director, Dr. Kerpe, and some of our Board Members. But for as proud of SSC as I am, I still think of us as a relatively small fish in the very large pond of Sheboygan County.

So imagine my surprise when our name was called as the winner of the "2017 Services Organization of the Year – Non-Profit." (Also imagine me kicking myself for not preparing a speech ahead of time. Did I mention that it did not occur to me that we would win?) Walking to the stage to a standing ovation, giving an improvised acceptance speech, and receiving so much positive feedback that night and in the days following was a highlight of my career thus far.

Congratulations to all of our residents, families, volunteers, employees and Board Members for your role in winning this award. It is a big deal. And I am very, very proud to be part of this team. Let's keep on keepin' on, and watch us get even closer to reaching our full potential.

Paul T.



Picture this: Maracaibo, Venezuela - mild temperatures ranging from 70 to 80 degrees most of the year, with an occasional drop to 40 in the dead of the winter. Warm, friendly folks that greet you with a sweet kiss on the right cheek – eating freshly grilled meats and organically grown vegetables sold at the local market... Scenic hills with the largest of waterfalls anywhere in the world – would you leave that for Sheboygan, Wisconsin? Well, that is what Amanda Fernandez chose to do.

Amanda was born and raised in Venezuela, but at the age of 17, decided to become an international student and lived with a host family in Appleton. She had a deep desire to learn new cultures and the English language. It was long after that, when her whole family also moved here to escape from political unrest. Amanda is one of five daughters. Her sisters range in age from 3-30 years old. She says it makes for an exciting family life.

Amanda studied English and general courses at Fox Valley Technical College and recently graduated from the nursing program at LTC. On January 20, she passed her nursing exam and the very next day her boyfriend proposed to her! Amanda met her now fiancé, Connor, when he was tutoring her mother English, at the same time, he was being tutored conversational Spanish. Connor is in Med School and plans to have his own family practice one day. SAVE THE DATE – the wedding is only 5 months away: **July 29, 2017.**

On the weekends, Amanda and Connor love the outdoors, hiking, reading and volunteering. In the very near future they dream of traveling to a third world country and serving on a humanitarian medical team together. Amanda may also study for her masters and become a Nurse Practitioner.

When asked to share something funny with me, she recalled a time she went to a doctor's visit and there was somewhat of a language barrier between nurse and patient. The nurse asked her if she used tobacco. What Amanda heard, was "Could I ask you **to back up?**" So, Amanda kept backing up in her chair, again and again with each repeated request. What a great thing to be able to laugh at yourself! You are beautiful inside and out, Amanda! We hear wedding bells!



Catherine Ehren



Sister Catherine Mary

Sister Catherine Mary was born and raised in Kohler, Wisconsin. One of four children, Catherine had two brothers and one sister. Catherine attended Kohler High School and soon after enrolled at Cardinal Stritch College in Milwaukee. During her junior year, she knew her calling was to become a nun. This decision required her to make a vow of poverty, chastity, obedience, and a life devoted to service. She became a novice at the Sisters of St. Francis of Assisi Convent. She remembers wearing the full length, black, 100% wool habit – complete with coif, wimple, veil, and scapular (the apron that covers both front and back of the habit.) On the dog days of summer, she remembers it feeling like carrying an extra 20 pounds.

A funny story she shared was when one of her fellow sisters had a hole in her black stockings, so she filled the hole with a black magic marker. She happened to have a doctor's appointment that same day, and when the doctor saw this large black spot on her leg, he asked, "What in the world happened to you?"

Catherine taught math at St. Mary's Academy, an all-girl's high school. Soon thereafter, a revolution of sorts evolved, which brought about shorter skirts in colors like gray, navy or black. They went from 100% wool to **polyester!** (There is a God!) At this time, Catherine felt her job as a Sister was consumed with too much work and very little time for prayer. She left the Sisterhood and moved to Fox Point, where she was offered a job as Head Registrar. Her responsibilities were mainly statistical work that assisted the administrative staff.

Homesick, she found her way back to the Sheboygan area. She was the Registrar at Lakeland College for the next nine years. Next on her resume, was a move to Ladysmith, WI where she again served as Registrar at Mt. Senario College. Once they closed their doors, she moved to Fond Du Lac and worked at Marion College as Registrar there. Her mother died during her stay in FDL, so she then moved back to Sheboygan County.

At one point, Catherine became ill and had to be hospitalized. On her day of discharge she saw a black bus in the front of the hospital to pick her up – it was our very own SSC bus. Her journey with Sheboygan Senior Community had now begun. When asked what Catherine loves most about living here, she says, "I love the staff and the residents most. Their care and compassion to serve are very genuine!"

What is on her Bucket List? A Trip to Ventura, CA to visit the mausoleum where her brother, sister-in-law and niece now rest in peace. Catherine has the gift of any craft done with a needle! She can knit, crochet, tatt and embroider anything. She learned from the best – her grandmother and mother were masters of the art. One thing a lot of people don't know about Catherine is her love to sing! She sang in chorus groups and the convent chapel. "My vocal cords aren't what they used to be, but my love for song still runs deep." We are so glad God sent you to us!



our new team members!

Margaret Mills	CNA 3 rd Shift
Bridget Hanson	Lead Residential Aide
Mai See Lee	Dining Services
Lora Bruns	Environmental Service
Renee Schmitz	LPN
Jenny Berres	CNA 1 st Shift

A huge welcome to the newest member of our SSC extended family: Asher William Sunagel, born February 20, 2017 at 7lbs 5oz. Congratulations to Heather and her family. He's a perfect baby boy.



SUPER STAFF

We want to give a shout out to a few of our staff members for their dedication to our facility, compassion for our residents and simply going above and beyond with a fantastic attitude:

Deb Kramer, LPN – Thank you for working a double on short notice during a snow storm. You rock!

Janet Crawford, CNA – Thank you for coming in for the PM shift and working your weekends off. You make such a difference here!

Maryann Yekenwicz, CNA – Thank you for your flexibility in adapting your hours to our needs. You're such a team player!

Kara Hoffman, CNA – Thank you for passing HS meds in Willow. You're a super star!

Cinthia Morga & Tom Lawry, casual CNA's – Thank you for working more than the requirements. Your hustle is greatly appreciated.

Sarah Gardner & Brittany Schaller, high school CNA's – Your morning shifts are short and sweet, but help tremendously. We love having you guys here!