

Sheboygan Senior Community

Short Term Rehab • Assisted Living
Skilled Nursing Care

*We are a faith-based, charitable nonprofit serving
Sheboygan area seniors since 1962.*

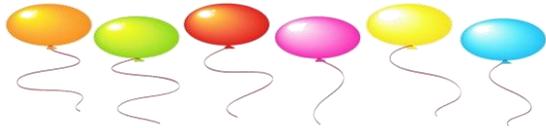


2018

3505 County Road Y | Sheboygan, WI 53083

(920) 458-2137

sheboyganseniorcommunity.com



Resident Birthdays

| | |
|-------|----------------|
| 02/07 | Karl Sasse |
| 02/07 | Sarah Zelaya |
| 02/19 | Arlene Slavens |
| 02/21 | Alice Hoffman |
| 02/26 | Clare Rudolph |



Staff Birthdays

| | |
|-------|------------------------------------|
| 02/01 | Lynn Schmitz – LPN |
| 02/06 | Joan Harder – Purchasing |
| 02/09 | Ashley Swihart – Dining Services |
| 02/12 | Lori Schuessler – CNA |
| 02/18 | Amanda Dekker – CNA |
| 02/18 | Cassandra Grande – Dining Services |
| 02/19 | Amy Marchiando – RN |
| 02/21 | Jordan Wilke – CNA |
| 02/26 | Tonya Isbell – Residential Aide |

February Activities

- February 2 – 2:00pm** - Concert in Café: Enjoy Amaretto Drinks While We Take a Trip to Italy – TOL/Café Redwood
- February 5 – 2:00pm** - Rob Peterson Music Program – TOL
- February 5 – 6:30pm** - Valentine's Craft with Girl Scout Troop – Gallery
- February 8 – 2:00pm** - Happy Hour – Café Redwood
- February 8 – 2:00pm** - Happy Hour – Willow Dining Room
- February 9 – 3:00pm** - Jack Borkenhagen Piano Music – TOL
- February 12 – 2:30pm** - Steve & Kathleen Music Program – TOL
- February 12 – 10:30am** - Resident Council & Coffee Hour – Willow DR
- February 15 – 10:30am - 12:00pm** - Absentee Voting **
- February 16 – 2:00pm** - Tim Dekker Violin Music – TOL
- February 19 – 10:30am** - Resident & Family Council Meeting – TOL
- February 23 – 2:00pm** - Golden Cordeliers Music Performance – Gallery
- February 25 – Afternoon** - Milly & Marley Visits
- February 26 – 6:15pm** - Games with Girl Scouts – Gallery

Dementia Series

Tuesday, February 27
Senior Activity Center
428 Wisconsin Ave, Sheboygan, WI 53081
Come join us!

Sheboygan Senior Community and Aegis Therapies are presenting part two in our three part *Dementia Series* at the Senior Activity Center. We will be analyzing environmental factors to reduce falls in those with dementia and we'll discuss how exercise can affect dementia symptoms. Whether you have dementia yourself, or know someone who does, this will be an informative class for all ages. This is a FREE class; however registration is required due to limited space. To register, call the Activity Center at (920) 459-3290. For questions, contact Dana Elmzen or Bridget Boy.

Mark your calendars!
2018 Summer Learning Series with Aegis
Tuesdays: May 15, June 19, and July 17
5:00 – 6:30pm

We have expanded the Newsletter to include more staff contributions. We hope you enjoy!

From the desk of Paul Treffert...

February 1st marks my two year anniversary with Sheboygan Senior Community. I am blown away by how much has happened in what seems like the blink of an eye. There have certainly been some hard days, which is to be expected given the complexities of caring for people, many of whom are at the end of their time here on earth. With the challenges, though, come the overwhelming warmth, unending patience, and professional excellence that I observe every day- a continual testimony to the human spirit. The daily yin yang balance of those two forces is the fabric of a place like this.

Sometimes I have to remind myself to reflect on all that goes on here every day: how many meals served, rooms cleaned, medications passed, cares provided, etc. We are extremely fortunate to have as many dedicated caregivers in every department that we do, especially given how tight the labor market is in Sheboygan County. And even though every department plays an essential role, it ain't called a *Nursing Home* for nothin'. Watching Lisa Hill grow into the role of Director of Nursing, which is the most critical role in any senior care setting, by far, and seeing her team come together has been extremely rewarding for all of her coworkers and the residents we serve.

I also enjoy watching ideas turn into action, such as opening of The Gallery, the saplings planted in The Orchard, and the remarkable transformation of the Willow Courtyard into Connie's Garden. We work very hard to try new things and keep it interesting around here. The payoff is undeniable.

And, as happens in life, there has also been the very unexpected, such as finding myself involved in a complex dispute involving arson and tax credits. In that process, I have learned a great deal about "The Landmark Fire." As a 20+ year health care administrator who has dealt with some very difficult situations in my career, I can say without question that nothing I have experienced comes close to what Mike Basch, then the Executive Director, all the employees, and everyone else even remotely associated with SSC must have went through at that time. To wake up one morning and have that be your new reality for the next year or more is almost inconceivable. Even now, my hat goes off to Mike and every else that made it to the other side. Truly remarkable work. (We will provide updates on the TIF conundrum with the City as they become available.)

One of the people working here then was Joan Harder. Joan is one of several long-time employees who have been a part of Sheboygan Senior Community for a remarkably long time, serving thousands of residents over the years. (More on other long term employees in the months ahead). Joan started her career at SSC when she was just 19, and has worn countless hats over the years, including laundry, maintenance, purchasing, and the ever-present 'other duties as assigned.' Today she oversees our environmental services departments, negotiates our supply contracts, orders and delivers medical supplies, and heads up our Safety Committee (which is just as glamorous as it sounds). She is also the first person to offer to cover a Manager on Duty shift or stop by work for a short time if there is something special going on. She is tough, but fair (but tough!) with our suppliers and is always looking for ways to save us money. And, of course, 'other duties as assigned' rears its ugly head more than ever since I showed up.

There's also this: during the summer of 2015, several nights a week and weekends, Joan, Joan's husband, Kerry, and all the other members of the management team loaded up Kerry's work vehicle with the equipment, supplies, and records that needed to be brought over to the new facility. It is hard to put a cost estimate on this enormous contribution made by each of these people, the Harder's especially, but I bet it's easily six figures. And after the move, when we had a load of furniture to donate to people who could use it, and it was Kerry and their son, Jordan, who drove from Sheboygan to the inner city of Milwaukee to drop it off. Good stuff.

In January, Joan celebrated her 34 year anniversary with SSC. She is one (of quite a few people) that we point to when talking about the loyalty, dedication and longevity of our staff. Please join me in thanking and congratulating Joan on an incredible 34 years of loving service.

-pt

Putting the FUN in Fundraising

This year we plan to take a more active role in making sure everyone knows we are a charitable nonprofit. In order to do this, we will be hosting a variety of fundraisers throughout the year. We will also be sending out letters to explain our various needs. To kick things off, we will have our first ever **Souper Bowl fundraiser**, where we invite staff, family members, residents, friends and community members to buy a bowl of soup in the café on **Monday, February 5 from 10am-4pm**. The donations will go toward our staff education fund, where we will start to be able to offer tuition reimbursement and scholarships.

Soups include:

White Cheddar Cauliflower
Thai Butternut Squash
Pheasant Vegetable
White Chicken Chili
Stuffed Pepper
French Onion
Baked Potato
Chili

If you have questions, please contact Dana Elmzen.

Growing Our Crop with Jill Hand

RN's need to renew their license by the end of February, or they will be unable to work. An email was sent out by the state with instructions on how to renew. Once renewed please provide a copy of the license.

Nurses' Meeting – the **SECOND** Tuesday of **EACH** month: Tuesday, February 13; Tuesday, March 13

CNA Meeting – the **THIRD** Tuesday of **EACH** month: Tuesday, February 20; Tuesday, March 20

RA Meeting – the **FOURTH** Tuesday of **EACH** month: Tuesday, February 27; Tuesday, March 27

***Suggestions for staff education are welcomed anytime. Please contact Director of Staff Development, Jill Hand, with your ideas.**

Welcome to the Rehab Corner!!

Aegis Therapies joined the SSC team in June 2017. What a beautiful environment!! Not only the natural beauty of the building and grounds, but a caring and dedicated team to compliment the goals of our therapy team members. SSC has a great reputation in the community and we are overjoyed to be a part of a successful organization. I came to Aegis with over 20 years of experience, 16 of those years has been serving the Short Term Rehabilitation population in Sheboygan County. Aegis strives to educate our practitioners in specializations that we can share in the healing process of all who pass through our doors. My passions include falls and balance, manual therapy, and leading a competent team to successfully rehab your loved ones back to their home or to the safest environment possible! Stop by and introduce yourself and see how the department has grown!

- Bridget Boy, Director of Rehab, PTA



Elaine Habermann

Elaine Habermann, one of 4 children, was born in Princeton, Wisconsin. The Great Depression was then in full swing, and Elaine's father went searching for a job. The family moved to Beaver Dam when Elaine was just 6 months old and her Dad worked for the Weyenberg Shoe Factory. Elaine attended St. Peter's Elementary School and later graduated from Beaver Dam High School. As kids, she and her siblings would spend hours roller skating, on the ice rink, or sledding. She was a member of the high school Drama Club and performed in a production of "The Man Who Came to Dinner." Stardom was not her true calling, so she decided to take both typing and short hand classes while in high school.

Upon graduation from high school, Elaine accepted her first job as a receptionist in a doctor's office. Once she got her feet wet, she later worked at an attorney's office, Mercury Marine, and then the telephone company. As her focus became finding that perfect "someone" and raising a family, Elaine met her husband John at a friend's wedding. Three years later they wed, and had three sons and two daughters. Her husband John worked as a funeral director first in Oregon, Wisconsin, then Watertown, and eventually here in Sheboygan. John and Elaine operated the Gerend's Funeral Home that was later bought out by Zimmer. Elaine would help with various errands and assisted John with greeting guests and family members.

Upon John's retirement, they decided to take a trip to Europe that had long been talked about. Elaine recalls their stop in London because Princess Grace had just died the day they were visiting, and she marveled at all the flowers that were being donated in the memory of the famous Princess. The European tour also included stops in Paris, Italy, Belgium, Germany and Rome. Elaine loved the food and the festive atmosphere of the Italian community the most.



Still on her bucket list are two things: gaining more independence, and taking a trip to Alaska. Alaska was a life-long dream of her husband, and unfortunately he had passed just prior to their scheduled trip. Elaine would like to take the trip in his memory.

Elaine is most proud of her quilting and needlepoint projects. She has made quilts for weddings, graduations, baby dolls, and has also made felt coats for her grand-daughters. Elaine is a master of hand-made wonders.

Elaine participates in the weekly exercise activities because she is determined to build her strength up. The love and compassion of our staff and the residents are what Elaine treasures most about SSC. And Elaine, we **TREASURE** your love and compassion as well.

Resident Spotlight: Joyce Schaffer

Born and raised in Asheville, North Carolina, Joyce lived with her grandmother, Elzena, and grandfather, Jesse. She has two sisters and two brothers. Joyce has a very special bond with her sisters. Each year they go on a “sister trip,” where they pick a different location to explore. They’ve been to San Francisco, New Orleans, Mexico, and they’ve taken a cruise together. This year they are going to Texas. Her sister trip is one thing Joyce looks forward to every year.

Growing up Joyce would go to work with her grandma. “That’s how I got into helping. I was always there to help my grandma. Then, when my grandpa got sick, I was even more of a help. That’s when I first knew I wanted to be a nurse. So I could help people.” Joyce states that she has such a soft spot in her heart for older people because she was with her grandma all the time – as a result, most of her friends are all older than her too. While in high school, she got into a volunteer program for CNAs, and she was hooked. She laughs as she recalls how long she’s been in the field, “I volunteered at the Mount Zion Church in Ohio. Once I was trained with on-the-job training, I went to work at Deer Park Nursing Home where I first made \$3.75 an hour.”

In 1991, Joyce moved to Wisconsin, and worked in various nursing homes until becoming a manager at TLC Group Home. She remembers driving by the building off 6th street; “I always wanted to work there, so one day, I went in and applied. Brent gave me the opportunity to get back in the nursing home setting and I’ve been here ever since.”

Joyce met her husband, James, in 2000 in what could only be called an act of fate. “We were standing in McDonald’s and I made my order. I turned around and saw him. I thought he looked like Gerald Levert (singer). We talked for a minute and exchanged numbers. I figured he wasn’t going to call me... but before I got off of work, he had left me a big long text message and the rest is history.” They were married in 2004, and celebrated their 13th anniversary last year.

Joyce’s dogs, Angie and Polly, are her babies; her everything. Angie is a 14 year old Westie-Poodle mix, who Joyce calls “old lady.” She got her through Director of Nursing, Lisa Hill’s, friend who had puppies. On Valentine’s Day 2003, at 8 weeks old, Joyce brought her home. Joyce’s other pup, is 4 years old, and she calls her “fat girl.” Polly was willed to Joyce by a client, Pat, who turned into a good friend. “She was like a grandma to me. She had a rose garden where my husband and I were married.” Angie and Polly are the most precious things to Joyce, besides her husband of course.

Joyce is a self-proclaimed TV and movie buff. She says the best sitcom right now is Blackish, her favorite drama is a tie between SWAT, with Shemar Moore, and the Good Doctor, she loves Jimmy Kimmel, and she has a sweet spot for any movie with Kevin Hart, Denzel Washington, Dwayne “The Rock” Johnson, or Jamie Fox. But nothing can top her devotion to General Hospital; which she has been faithfully watching for over 25 years.

Joyce has already accomplished her biggest goal and the number one item on her bucket list: to buy a house. “I used to always say that before I leave this world, I’m going to own my own home.” In 2013, Joyce and her husband bought their home. “I got the picket fence, the husband and the dogs.”

We closed our vibrant interview with a heartfelt sentiment. Joyce earnestly states, “I’m so glad and thankful to be here. I’ve grown to think of my coworkers, residents and their families as my extended family.” Joyce is the real deal, and we are better as a facility because of her. We couldn’t be more proud to have such a dedicated, compassionate, and wondrous woman on our team. With a heart bigger than her body, it’s no wonder every resident knows and asks for Joyce by name.



Joyce has known Germaine Fox for a long time and they’ve always had a great relationship. Germaine’s daughter, Pat, brings in her dog, Bailey who made Joyce even closer to the family. Joyce shares guardianship of Bailey with Pat.



Staff Anniversaries



| | | |
|-------|------------------|----------|
| 02/01 | Paul Treffert | 2 years |
| 02/02 | Margaret Mills | 1 year |
| 02/06 | Bridget Roethke | 1 year |
| 02/11 | Karen McClafflin | 16 years |
| 02/17 | Eva Rusch | 7 years |
| 02/23 | Zach Winkel | 1 year |
| 02/27 | Kara Hoffman | 21 years |

Welcome to the SSC TEAM

| | | |
|---------|------------------|---------------|
| 1/09/18 | Jenna Binversie | CNA |
| 1/09/18 | Rachael Kartes | CNA |
| 1/16/18 | Macey Konter | CNA |
| 1/22/18 | Chasity Colon | UA |
| 1/23/18 | Ernestine Murphy | RA |
| 1/23/18 | Nick Gamez | Co-op Student |



A SSC First – Co-op Student Nick Gamez

We’re pleased to introduce our first ever co-op student, Nick Gamez! Nick is a junior at Sheboygan South High School who has his eyes on becoming a Nurse Practitioner or a Chemo Nurse. He already has 4 credits banked at LTC, and looks forward to going there upon graduation from South. He’s on the swim team and loves it because he doesn’t sweat while in the water. Nick is the second youngest of nine siblings. He has three dogs: and two cats. If he could go anywhere in the world, he’d be off to Japan. As far as domestic travel goes, his favorite place so far has been Indiana because he has quite a few friends there, and due to the candy factory he visited. Nick’s favorite food is chili; he is not afraid of some heat! He said he really enjoys SSC because the people have been very friendly. Welcome aboard, Nick! We couldn’t be more elated to have you learning on our team.

2018 Celebration of Life

In January we said our final goodbyes to these friends and long-term residents, as God called them home to their final resting place.



| | | |
|---------------------|------------------------|---------|
| Dorothy Termaat | 11/11/1922 – 1/1/2018 | Maple |
| Patricia Kendall | 6/22/1926 – 1/4/2018 | Maple |
| Teresa Peterson | 10/12/1924 – 1/10/2018 | Willow |
| Vivian Szczepkowski | 5/3/1927 – 1/11/2018 | Maple |
| John (Jack) Tieman | 8/27/1926 – 1/11/2018 | Hickory |
| Beth Schukow | 1/20/1925 - 1/22/2018 | Oak |
| Arlene Pappas | 10/6/1922 – 1/25/2018 | Hickory |
| Wilbur (Bill) Nolte | 9/8/1921 – 1/27/2018 | Maple |

“To live in the hearts of others is not to die.”

Thomas Campbell

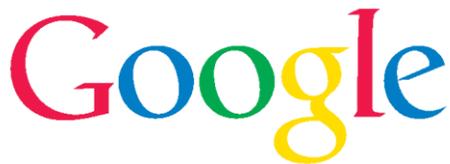
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New **Sheboygan Senior Community** videos coming soon!

Gallery Night

Residents, family members, staff, Lake Country Academy students and their parents all enjoyed a beautiful Gallery open house complete with wine and appetizers. Save the date for our next Gallery open house Thursday, April 19.



FAST FACTS

SSC GROUNDS

GRASS



384 miles of grass cut in 2017, that is the equivalent of a little more than 3 round trips to Milwaukee from SSC! How many miles will Nick put on the John Deere this year?!

SEED



350 pounds of grass seed was planted in 2017 to control erosion and promote soil stabilization! Similar actions will be taken this year to preserve our grounds.

PLANTS



5 dozen geraniums and 221 perennials were planted throughout 2017. Several courtyard and landscaping projects will be initiated this year that will include more planting!

TREES



314 trees were planted in 2017 of a variety of species including: white cedar, white pine, swamp white oak, white spruce, red oak, paper birch, quaking aspen, Colorado blue spruce, common apple, red bud, and tamarack. More trees will be joining them soon!

FISH



24,000 minnows were introduced to the pond last spring, and an indeterminable amount reproduced during the summer months! This spring our plan is to add Large-mouth Bass.

SOURCE:

Nick Jensen - Grounds