

# Sheboygan Senior Community

Short Term Rehab • Assisted Living  
Skilled Nursing Care

*We are a faith-based, charitable nonprofit serving Sheboygan area seniors since 1962.*

2018



3505 County Rd Y | Sheboygan, WI 53083

(920) 458-2137

sheboyganseniorcommunity.com



## Resident Birthdays

|      |                     |
|------|---------------------|
| 5/05 | Joan Schieble       |
| 5/10 | Mildred Wieberdink  |
| 5/12 | Doris Huebner       |
| 5/15 | Doris Herbst        |
| 5/15 | Mary Gallimore      |
| 5/19 | Betty Puksich       |
| 5/22 | Theresa Oelhafen    |
| 5/26 | Ardice Schuette     |
| 5/27 | Robert Ballschmider |

## Special Upcoming Events

- May 11 - 2:00pm** – Violin Music with Tim Dekker – TOL
- May 12 - 2:00pm** – Studio 543 Spring Piano Recital – Gallery
- May 14 - 10:30am** – Willow Resident & Family Council Meeting – Willow DR
- May 13 - all day** – Happy Mother's Day!
- May 14 - 2:30pm** – Steve & Kathleen Music Program – TOL
- May 18 - 2:00pm** – Willow Happy Hour – Willow DR
- May 21 - 10:30am** – Healthcare Resident & Family Council Meeting – TOL
- May 21 - 1:45pm** – Frances Rank Piano Waltzes & Polka – TOL
- May 24 - 6:30pm** – Barb Sindelar Student Piano Recital – TOL
- May 25 - 2:00pm** – Healthcare Happy Hour – Maple DR
- May 28 - all day** – Happy Memorial Day!
- May 31 - 2:00pm** – Classic Hits Featuring Elvis – Gallery



## Staff Birthdays

|       |                 |                     |
|-------|-----------------|---------------------|
| 05/01 | Karen Adams     | Dining Services     |
| 05/06 | Mary Huibregtse | RN                  |
| 05/15 | Lisa Hill       | Director of Nursing |
| 05/16 | Andrea McAtee   | RN                  |
| 05/20 | Melanie Becker  | LPN                 |
| 05/21 | Mailee Lao      | LPN                 |
| 05/22 | Joan Diaz       | Laundry             |
| 05/25 | Janet Crawford  | CNA                 |
| 05/26 | Nicholas Gamez  | Unit Assistant      |

## Staff Anniversaries

|                   |                         |       |
|-------------------|-------------------------|-------|
| Jean Lewis        | Dining Services         | 27yrs |
| Dianne Conrardy   | Dining Services         | 27yrs |
| Tara Holzem       | Business Office Manager | 17yrs |
| Carol Capetillo   | Landmark Caregiver      | 5yrs  |
| Teisha Montanez   | Willow RA               | 4yrs  |
| Kaylene Morado    | RN                      | 3yrs  |
| Cassandra Elias   | Environmental Services  | 2yrs  |
| Lynn Schmitz      | LPN                     | 2yrs  |
| Stashanee Barrett | LPN                     | 2yrs  |
| Samantha Brunner  | Nurse Tech              | 2yrs  |
| Mercedes Garduno  | Dining Services         | 1yr   |
| Jackie Oppeneer   | Dining Services         | 1yr   |
| Isabel Mueller    | Dining Services         | 1yr   |
| Brenna Zajkowski  | Dining Services         | 1yr   |
| Grisel Rivera     | Environmental Services  | 1yr   |
| Carolyn Eiden     | RN                      | 1yr   |

## SUMMER SERIES

*Aging in Place* is the first of the three Aegis Therapies presentations sponsored by Sheboygan Senior Community happening this summer. This topic includes: active aging, the 7 dimensions of wellness, home safety checklists, and more! Appetizers and refreshments are provided, but space is limited so sign up early!

**Tuesday, May 15, 2018**

**5:30pm – Food | 6pm – Presentation**

**Sheboygan Senior Community Gallery**

RSVP by calling 458-2137 x847 or email your name(s) and phone number(s) to [sgoetz@retiresheboygan.com](mailto:sgoetz@retiresheboygan.com)

## 2018 Celebration of Life

In April and May we said our final goodbyes to these friends and long-term residents, as God called them home to their final resting place.

|                   |                       |         |
|-------------------|-----------------------|---------|
| Karl Sass         | 2/27/1923 – 4/10/2018 | Maple   |
| Joan Koch         | 3/01/1938 – 4/11/2018 | Maple   |
| Eunice Fetterer   | 2/10/1930 – 4/12/2018 | Hickory |
| Robert Kammerzelt | 4/03/1940 – 5/02/2018 | Hickory |
| Henry Knoener     | 9/14/1927 – 5/08/2018 | Maple   |
| Jeanette Carlson  | 5/18/1924 – 5/10/2018 | Oak     |

*“And ever has it been known that love knows not its own depth until the hour of separation.” - Khali Gibran*

### Resident Family Recipes – Gallery Art Project

Life Enrichment would like to create an upcoming gallery exhibit featuring Resident family recipes, with stories and pictures about them. Life Enrichment will be talking with Residents about some of their most memorable family recipes. We will then be contacting family members in an effort to attain the recipe, and if possible photos. If you have a recipe with a story or photos to share, please contact Melissa to submit them for the exhibit. All items used will be returned. [mthiel@retiresheboygan.com](mailto:mthiel@retiresheboygan.com) or ext:710.

### Putting the FUN in Fundraising

Some thought provoking statistics for you, courtesy of a 2017 report from LeadingAge:

- In 2015, there were 47.8 million adults age 65 and older. By 2050, that number will almost double to 88 million.
- The US Department of Health and Human Services estimates that nearly 70% of people who reach 65 will need *some* form of long-term services and support (LTSS).
- By 2030, the United States will **need** 2.5 million LTSS workers to keep up with the growth of the aging population.
- To keep up with demand, we will need to increase the number of nursing assistants by 68% by 2030.

We hope this paints a vivid picture of how critical it is to train and retain skilled nursing workers in Sheboygan County. We cannot overstate how imperative it is to stay on top of the demand to ensure longevity in our community.

As mentioned in previous months, we have started our own nursing assistant course taught at SSC that began May 7. We want to encourage those who may not be able to take time off work to go through the training to partake by paying participants an hourly wage as well as covering the cost of books, materials, and the state exam.

Our goal is to be a training hub for Sheboygan’s skilled nursing workers, but we need your help. Please consider making a donation to the Nursing Assistant Education Fund to help in the creation of new CNAs for not only our facility, but to help with the overall nursing shortage in our state.

For questions, or to make a donation, please contact Dana Elmzen at (920) 458-2137 x819 or [delmzen@retiresheboygan.com](mailto:delmzen@retiresheboygan.com)



*Rosemary Reiter*

Rosemary Reiter has a smile that can light up a room, and a knack for dancing and tumbling her way into the hearts of those who know her.

Rosemary was born on a cold afternoon in December on her grandparent's farm in Adell. Despite being born in the middle of winter, Rosie the Riveter, as she was often teased with, is a warm weather gal; preferring the warmth of summer to any other Wisconsin season. She was always an active girl; in school Rosemary was a fan of gym class, preferring gymnastics to homework. In fact, her ideal job would have been as a gym teacher! As a young woman, Rosemary was a member of the Sheboygan Turners, competing nationally in tumbling, pommel horse, and parallel bars. She took 3<sup>rd</sup> place one year on the bars before the event for women changed from parallel to uneven bars. When she was not swinging around on the bars, she could be found dancing and bowling with her friends at The Playdium in Downtown Sheboygan.

Over the years Rosemary worked for several Sheboygan companies. Her first job was working at the snack shop in the 5 and dime store Kresge, on the Northeast corner of 8<sup>th</sup> Street and Wisconsin Avenue. She also worked for Polarware and the American Chair Company. Her favorite job was at the Chair Company; not only because she was able to just roll out of bed and walk down the street to work, but she had a nice boss to work for as secretary to the Credit Manager.

Rosemary is the oldest of seven children with four sisters and two brothers. She enjoyed growing up with a large family so much she had one of her own! In the span of seven years Rosemary and her husband, Al, had 5 children; Steven, Donna, Deb, Lisa, and John Paul. Rosemary and Al recently celebrated 60 years of marriage, on February 15<sup>th</sup>. When asked what the most special thing her spouse has done for her, Rosemary's reply was, "He has done so much for me, it is hard to choose!"

One of the things Rosemary's husband did was introduce her to Schuhplattling. After they were married Rosemary was able to join Al in the Sheboygan's Bavarian Schuhplattler's group: D'Werdenfelser. Schuhplattling is a traditional style of folk dance where the male performers stomp, clap and strike the soles of their shoes, thighs and knees with their hands while the females typically are twirling in circles until the choreographer calls for the couple to dance together, normally waltzing. Rosemary says the best part about being part of the D'Werdenfessler group was traveling with friends and competing. And compete they did: the group placed in the national Gaufest Schuhplattling competition, held every other year, 5 times between 1969 and 1977. Rosemary and Al competed when the group took the top prize 1971 in Detroit, 2<sup>nd</sup> in Washington DC in 1973, and 3<sup>rd</sup> place in Milwaukee 1977. Rosemary's favorite dance to perform is the Laendler, which was quite a feat for her and Al considering their full 1 foot height difference! (Anyone familiar with the movie *Sound of Music* would recognize the Laendler as the dance Maria and the Captain performed in the courtyard for the children to see.) As much as Rosemary misses dancing and competing, she feels she is dizzy enough these days without all that twirling around!

If ever you want to hear more from Rosemary about her gymnastic days, the excitement of competing in Schuhplattling, the beautiful dirndls she wore, or her love of family and friends; follow the sound of music. Rosemary likes to entertain staff and visitors with impromptu recitals on a regular basis; showing off her piano skills, learned at an early age, from the keys of the Casio keyboard in her room on Oak Drive. Rosemary thinks she is remembered most for "doing things I'm not supposed to do," but we here at Sheboygan Senior Community think she never steps wrong or misses a beat!



### **Staff Spotlight – Annie Howe**

For the past four years, on school breaks and holidays, Annie Howe has been a ray of sunshine hustling throughout the halls of SSC. Right before graduating high school in 2014, she was looking for a job that would prepare her for a career in healthcare. Her aunt, who is a pediatrician, told her about work as a CNA, and Annie hit the ground running.

At the time, she lived very close to the old building, so she couldn't say no to the opportunity. For the first year, she would ride her bike to SSC. However, proximity to home aside, Annie loves our new location, "I think the new building is great compared to the old one. I like how clean it is here. I love that scheduling is so flexible. That helped a lot while getting my degree."

Annie studied at Carroll University in Waukesha and graduated with a degree in exercise science. Initially, many jobs required her to get an additional certification, so she switched tracks. While searching for careers one day, a position teaching English to young kids in China popped up. She applied in January, and will be leaving the first week of May to begin her new chapter.

She starts with a one year contract, but will have the option to stay longer if she chooses. The program sounds neat – China wants to immerse its children in English, so they pick up it up as a primary, rather than secondary, language. It is offered as an extracurricular, where parents have to pay a sizeable sum of money to have their child enrolled. Since Annie doesn't have much teaching experience, her company is covering her training as well as the flight out and back. Annie will be residing in the town of Fuzhou (foo-joe). She has one week in a hotel while she figures out where to live. She hopes to find a roommate during that time to sign a lease for an apartment. One thing Annie is most excited for is meeting different people from all over the world.

Something people may not know about Annie is that she was born in China and adopted at 15 months old. She and her mom have a very close relationship. They've lived all over the place: Menasha, WI, Missouri, Louisville, KY, and finally landed in Sheboygan in 2010 – just in time to start school at North High. Annie has a Chihuahua named Izzi, a Schnauzer – Lucy, and a cat – Dexter. The one thing she's going to miss the most while in China is her family.

Throughout her time at SSC, Annie has developed many relationships with residents and staff. "It's so nice to hear the residents say they appreciate you. I look forward to having a good chat with some of them throughout my shifts." She will miss the staff, too. "The people here have been so welcoming. Every single time I come back, they remember me. It's nice when they say they missed me and they enjoy working with me."

Annie, we wish you nothing but the best. You've made a lasting impact for many of our residents and we look forward to following you throughout your adventures.

祝你好运 – Good luck!!

### **Welcome to the SSC TEAM**

|          |                    |                                    |
|----------|--------------------|------------------------------------|
| 4/16/18  | Mary Graebner      | Dining Services                    |
| 4/17/18  | Benjamin Reynolds  | Event Manager                      |
| 4/20/218 | Kathryn Coronado   | CNA                                |
| 4/23/18  | Jessica Lee        | Dining Services                    |
| 4/24/18  | Emily Brading      | Unit Assistant                     |
| 4/25/18  | Jaclyn Medina      | Unit Assistant                     |
| 4/30/18  | Kimberly Campbell  | Health Unit Coordinator/Front Desk |
| 4/30/18  | Nancy Chang        | Unit Assistant                     |
| 4/30/18  | Emilia Gardono     | Dining Services                    |
| 4/30/18  | Alex Lee           | Dining Services                    |
| 4/30/18  | Maurice Taylor Jr. | RA                                 |
| 5/1/18   | Callie McKeown     | CNA                                |

### **Growing Our Crop with Jill Hand**



May is typically a time of fresh starts...farmers start planting their crops, tending to the arrival of new little ones, and here at SSC we are starting the new CNA program! May 7<sup>th</sup> marked the arrival of 5 new students who are bright-eyed and eager to learn! When you see our new flock please take them under your wing to welcome them!

In this field of ours, nursing, it's continually changing. To keep us current, I distribute educational packets in your mailboxes in Maple's breakroom which are to be completed and returned to me. These are not optional and need to be turned in because there are state requirements that have to be fulfilled. If you have any questions, please hunt me down! ~Jill

*Nurses' Meeting* – the SECOND Tuesday of EACH month: Tuesday, May 8, June 12, July 10

*CNA Meeting* – the THIRD Tuesday of EACH month: Tuesday, May 15, June 19, July 17

*RA Meeting* – the FOURTH Tuesday of EACH month: Tuesday, May 22, June 26, July 24

Contact Jill for more information; ext: 411 or  
jhand@retiresheboygan.com.

### **Welcome to the Rehab Corner!!**

Happy Speech Therapy Month!

Amy DeLain joined the team at Sheboygan Senior Community in January. She has been with Aegis Therapies for 12 years and a therapist in skilled nursing facilities for 16 years. Amy received her Bachelor of Science in Education with emphasize in Communicative Disorders from the University of Wisconsin-Whitewater and her Master of Science in Speech-Language Pathology from Eastern New Mexico University. Amy enjoys her role as a speech therapist in which she follows her patients through complex medical conditions that may affect their swallowing, cognition, language, speech, voice or cardio-respiratory abilities in everyday activities. She continues her education regularly to increase her knowledge and therapy strategies for her patients' success. Amy resides in Sheboygan and enjoys traveling, rummaging, and spending time at her camper in Door County. Stop by the Rehab Department to introduce yourself to her and receive a package of flower seeds! Summer is around the corner!

- Bridget Boy, Director of Rehab, PTA

## Sheboygan Senior Community Mom-isms

Things my mom said to me:

**“Why is your brother easier to watch than you!?”**

**“Don’t smoke – It’ll stunt your growth!”**

**“I wasn’t born yesterday!”**

**“Don’t make that face or it’ll stay that way!”**

Did you really believe that?

**“Eat your food. There are a lot of children in Europe that are starving.”**

**“You can’t go outside to play until you finish that spinach!”**

My mom knew better than to say that to me,  
when I was little I ate spinach and it made me sick!

**“Ask your father.”**

One of my favorites –

**“Because I said so, that’s why.”**

I guess I’m glad my children were good,  
because I don’t remember saying any of these.

– captured by Melissa

My mother taught me:

How to use a ringer washing machine; she was afraid I’d get  
my hair caught.

How to sew; most of my clothes were made by her.

Embroidery, crocheting, wool braiding –

Fabrics woven together from the past, like clothing we outgrew.

Memories...

She taught me how to cook.

My mother and grandmother taught me how to make German potato  
salad.

It was the best because some have too much vinegar.

How to make bread because my dad said everyone should know how to  
make bread.

I used to make pies with lattice work.

Sometimes you had to give them away because I overworked the dough.

My mom taught me how to be a good person and think good of people.



## UPCOMING NURSING ASSISTANT CLASS

The first week of our first class is a wrap and things are off to a fantastic start! We are looking forward to our next class beginning **July 9, and finishing August 14.** We are looking for 8 dedicated students for this next class.

If you, or someone you know:  
neighbor,  
grandchild,  
nephew,  
coworker’s daughter,  
etc.  
are interested in this phenomenal opportunity, please have them contact:

Jill Hand, RN,  
Director of Staff  
Development

[jhand@retiresheboygan.com](mailto:jhand@retiresheboygan.com)

(920) 458-2137 x410

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New **Sheboygan Senior Community** videos coming soon!

### Employment Opportunities

#### **Dining Services – Cook**

A Cook in our Dining Services department will genuinely be interested in providing warm, friendly and personalized customer service to our residents, their family/friends, and the staff. They will prepare foods and operate larger volume cooking equipment all the while ensuring safe and sanitary food handling practices. We are currently seeking a candidate for a full-time position. The ideal candidate is energetic, organized and has strong multitasking abilities. They should be committed to learning and complying with health care standards of food preparation for nursing homes. This position requires a candidate that can handle a high volume of preparation and short order cooking. The Cook does stand for long periods of time, lifts up to 30 lbs. on a regular basis, and up to 50 lbs. at times. A High School diploma (or equivalent) with a **minimum of 1 year cooking experience is required**. Experience in Long Term Care or Healthcare is desired but not required. Candidates should be able and willing to help in any area of dining services department as needed.

#### **Dining Services Attendant**

Dining Services Attendants are responsible for providing food service to our residents, families, guests, and co-workers, and for providing assistance in all Dining Services functions all the while ensuring safe and sanitary food handling practices as directed and in accordance with established policies and procedures. We are currently seeking employees for both Full Time & Part Time first shift. Previous Dietary experience preferred but not required.

For consideration, please apply in person or send resume to:

**Sheboygan Senior Community**  
3505 Cty. Rd. Y  
Sheboygan, WI 53083

Visit us at: [www.sheboyganseniorcommunity.com](http://www.sheboyganseniorcommunity.com)

**Congratulations to Dana Elmzen** who was married on Saturday, April 21<sup>st</sup>! Dana and her husband promptly left for a honeymoon in Greece to take some time to enjoy their first couple weeks of wedded bliss. We cannot wait to hear all about their adventure when Dana returns to us on May 10<sup>th</sup>!



### SSC Backyard

April showers bring May flowers...everywhere but Wisconsin it seems! This Spring at SSC we have moved ahead with various grounds projects despite recent snowfall and colder temperatures.



A total of 9 birdhouses were constructed and placed throughout the property, with immediate results! This tree swallow has taken up occupancy in a home right outside of Hickory Hills.



There are numerous flag in the ground around the property. No we did not call Diggers Hotline! Another 150 saplings and shrubs have been added to our landscaping to provide future shade and animal habitat.



We also had time to relocate some dirt and rocks. Wisconsin weather and errant drivers have not been kind to the shoulder of our driveway. Boulders and about 30 yards of Cobblestone have been used to make improvements to the edge driveway.

This will provide better drainage along the shoulder and prevent further damage to our landscape from vehicles.

### NNHW May 14 – 18, 2018

Sheboygan Senior Community is celebrating National Nursing Home Week with Mellow Monday, Twisted Trivia Tuesday, Wacky Wednesday, Team Thirsty Thursday, and Fabulous Food Friday. Join in the fun! Details available in the Breakrooms and at the Nursing Stations.