



Short Term Rehab • Assisted Living
Skilled Nursing Care

*We are a faith-based, charitable nonprofit
serving Sheboygan area seniors since 1962.*

2018
June

3505 County Rd Y | Sheboygan, WI 53083

(920) 458-2137

sheboyganseniorcommunity.com



Resident Birthdays

6/08	Edith Anderson
6/09	Margaret Leffin
6/12	Jeannette Rilling
6/13	Germaine Fox
6/17	Arlene Zajkowski
6/17	June Herman
6/21	Grace Winkler
6/22	Norbert Stermitzky
6/30	Doris Petermann



Staff Birthdays

6/02	Rachel Kartes	CNA
6/03	Ann Smith	LPN
6/04	Stashanee Barrett	LPN
6/04	Cinthia Morga	CNA
6/07	Melanie Arthurs	Landmark
6/14	Rosabel Reimann	Unit Assistant
6/17	Beth Koch	LPN
6/24	Cassie Elias	Environmental Services
6/27	Beth Schneider	Dining Services



Staff Anniversaries

Chris Lockwood	CNA	21 years
Valerie Dittrich	Dining Services	14 years
Nikita Bell	CNA	10 years
Linda Kershek	CNA	3 years
Lucas Bouche	Willow RA	2 years
Panuo Xiong	LPN	2 years
Marc Hankins	Environmental Services	1 year
Beth Koch	LPN	1 year
Makayla Tomlinson	CNA	1 year
Zach Jarentowski	Dining Services	1 year
Brooke Swearingen	Dining Services	1 year
Ashley Swihart	Dining Services	1 year
Jill Hand	Staff Development	1 year
Erin Hameister	LPN	1 year
Maddie Peterson	Dining Services	1 year

Special Upcoming Events

- June 4 - 2:30** - Making Butter for June Dairy Month – TOL/Café
June 5 - 10:30 - Fun with Farm Animals – Gallery Courtyard
June 5 - 2:30 - Cheese & Wine Tasting for Dairy Month – Café
June 6 - 2:00 - Meet me in the Kitchen: Jill's Chocolate
 Buttermilk Cake – Maple Dining Room
June 8 - 2:00 - Tim Dekker Violin Music – TOL
June 9 - Afternoon: Let's get outside! See Tessa if interested.
 (Weather permitting)
June 10 - Morning: Milly & Marley Visits
June 11 - 10:30 - Willow Resident Council & Coffee Hour
 - Willow Dining Room
June 11 - 2:00 - Nostalgia John: Smiling Memories and Melodies
 of 1950 - Gallery
June 13 - 2:00 - Healthcare Art Studio – Maple Dining Room
June 15 - 2:30 - Jack Borkenhagen Piano Music - TOL
June 18 - 10:30 - Healthcare Resident Council – TOL
June 18 - 2:00 - Willow Art Studio – Willow Dining Room
June 20 - 2:00 - Spring Music Concert – TOL
June 21 - 10:00 – 4:00 - Longest Day Bake Sale for the SSC Walk
 to End Alzheimer's Team – Café
June 22 - 2:00 - Ryan Kautzer Polka Music - TOL
June 23 - Afternoon: Let's get outside! Scavenger Hunt: See
 Melissa (Weather permitting)
June 25 - 2:30 - Ice Cream Social in the Café – Café Redwood
June 27 – Bookmobile Day
June 29 - 1:30 - Willow Happy Hour – Willow Dining Room
June 29 - 2:00 - Healthcare Happy Hour – Maple Dining Room
June 30 - Morning: Let's get outside! See Tessa if interested.
 (Weather permitting)

Melissa and Tessa in the Life Enrichment Office are **excited** to announce the **addition** of some **evening** and **Saturday programs** to the June Events Calendar! Check Resident Activity Calendars for dates and times, and look for more of these small group activities in the coming months.

2018 Celebration of Life

In May we said our final goodbyes to these friends and long-term residents, as God called them home to their final resting place.



Sally Gering

09/20/1940 – 05/13/2018

Hickory

Ruth Zittel

11/25/1920 – 05/26/2018

Hickory

Douglas Widder

08/30/1935 – 05/28/2018

Maple

“As is a tale, so is a life. Not how long it is, but how good it is, is what matters.” – Seneca

Resident Family Recipes – Gallery Art Project

Life Enrichment would like to create an upcoming gallery exhibit featuring Resident family recipes, with stories and pictures about them. Life Enrichment will be talking with Residents about some of their most memorable family recipes. We will then be contacting family members in an effort to attain the recipe, and if possible photos. If you have a recipe with a story or photos to share, please contact Melissa by Friday, June 29th to submit them for the exhibit. All items used will be returned. mthiel@retiresheboygan.com or ext:710.

Maintaining Joint Health

This is our second Aegis Therapies presentations sponsored by Sheboygan Senior Community occurring this summer. Refreshments are provided, but space is limited so sign up early!

Tuesday, June 19, 2018

5:30pm Food | 6pm Presentation

Sheboygan Senior Community Gallery

RSVP by June 12 at 458-2137 x847 or email your name(s) and phone number(s) to sgoetz@retiresheboygan.com

6th
CAUSE OF
DEATH IN
THE U.S.

Alzheimer's disease is the sixth-leading cause of death in the United States.

HELP TEAM SSC REACH THEIR GOAL
FOR THE WALK TO END ALZHEIMER'S
ON THE LONGEST DAY & SUPPORT OUR

Bake Sale

THURSDAY, JUNE 21 &
FRIDAY, JUNE 22
ALL DAY IN THE CAFE

If you're interested in bringing in
homemade baked items or joining our
team, please contact Dana E. (x819)



Interested in joining
our team? The Walk
to End Alzheimer's is
September 29 at
Evergreen Park this
year. Contact Dana
today!

Walk
registration
starts at 8:30am;
the walk itself
begins at 10am.



In the United States
someone develops
Alzheimer's every 65
seconds.

Resident Spotlight: John & Bonnie Zelm



When the wilderness of the Wild West called, John and Bonnie Zelm were the first to answer. Name a national park out west, and this adventurous couple has been there. They started with a floorless tent, which allowed any and all bugs to make themselves at home. They enjoyed the camper they bought next because of the open air it provided. However, it wasn't long before they bought a bigger trailer camper to accommodate their family.

John and Bonnie loved going out west with their kids because they wanted them to realize what nature is all about. The kids would go to programs at night and they'd come back rattling off all they learned. It's more of an education than people may think! So, John and Bonnie would buy a national park sticker and hit up all the parks, paying about \$20 or less, and take in all the sights for 3 weeks at a time. They remembered a time at Yellowstone National Park when bears helped themselves to their neighbor's coolers. At night, the bears would check everyone's garbage cans. Bonnie said they never bothered people, though. They both agree that if anything, they'd like to see more of the eastern states.

Long before their camping days, John and Bonnie met by an act of fate at a barn dance when they were still in high school. The barn had been struck by lightning and burned down. The dance was celebrating the completion of its rebuild. Bonnie remembers seeing John at the beginning of the dance. "A light bulb went on over his head and that was it," she said. While standing on the side of the dancefloor, someone bumped into her and she fell to the ground. John came to help her up, and they proceeded to hit the dancefloor. John knew right away that this was someone he wanted to hang on to. Bonnie knew too, "It was one of those things, fate got us."

After a year and a half of dating, John and Bonnie were married at Holy Name in Sheboygan. They had a big wedding, and a dance at Johnsonville. John said, "Everyone got to eat!" They went on to have three kids – one girl and two boys. (They now have 7 granddaughters and one great-grandchild on the way!) When the kids came, Bonnie shifted her daily routine from bookkeeping at Security Bank, to taking care of her family. John held a few different jobs like working at Stokley Foods during the summer making brine and completing other tasks, before he got into construction.

John was looking for a job when Adrian Andrews in Plymouth was hiring; he got hired on the spot to do residential construction. He liked everything about his job: making things with his hands and the people he worked with. Because he didn't have much experience, he got on the job training. "While you're working, you learn to build. It's either that, or you aren't going to be able to stay there," John said. It wasn't long before John went out on his own doing construction. It started with small jobs that grew into bigger ones. John partnered with a guy and Kath & Zelm Construction was born. After some time, the company became: Zelm Construction. John was in the business for about 40 years. Some of John's proudest projects are still located on 8th street today. He built a lot of Kohler homes, but nothing could beat building Herb Kohler's house in Sanibel, Florida.

John and Bonnie have lived at SSC for about two and a half years. They both say how great the food is here. "Anyone who complains about the food hasn't eaten it," said John. He recalls the food at Boy Scout camp many years ago, "Their food is nothing compared to this." You can often find the Zelms in the Maple den, with John doing puzzles and Bonnie offering words of encouragement that the puzzle pieces are in fact, all there. We feel fortunate to have such a fun-loving couple here and are grateful that the Zelm's are a part of our SSC family.

Staff Spotlight – Mercedes Garduno – Student in the Nursing Assistant Class & Dining Services



Who works more than one job, goes to school full time majoring in nursing and psychology, fluently speaks two different languages and is studying to become one of SSC's newest CNAs? None other than our own Mercedes Garduno. Mercedes has been working at SSC just over a year with our dining services team. She is currently one of five students studying to become a CNA in our first ever nursing assistant class. When she's not studying or in clinicals, she is still helping out in the kitchen and café. This woman does not take a break!

Mercedes was born in Elgin, Illinois, but at the age of five, her family moved to Mexico City. When she was fifteen years old, she moved back to the states and settled in Sheboygan. Mercedes states the reason her family moved back is because she wanted a better education, "College in Mexico is a great opportunity, but more expensive, and not the same experience as you get in the states." She started her sophomore year at South High and began working right away babysitting her sister's kids. She just finished her junior year at Lakeland University and will transfer to Rasmussen College in Green Bay to complete her degrees.

Her memories growing up in Mexico City sound like the ideal childhood. She said she would play outside with her four sisters (three are older than her, and one younger) all the time. She credits those times as to why she has such strong relationships with her siblings and parents today. She also feels fortunate to have the upbringing she had – "Growing up, we didn't have the same technology as children today. We didn't spend time on smartphones or tablets. We spent more time playing outside and being with friends. I like that better."

When she's not working or studying, she spends time with her family. She enjoys getting ice cream or going to the movies with her sister's kids. Her favorite thing to do with her family is eating dinner together. "It's amazing for me." Mercedes is especially looking forward to this summer because she will only have one job this year. Her family has been talking about a trip to Cancun before school starts, but they're still in the planning stages. If she's not with family, Mercedes is reading. She loves romance novels.

One thing people might not know is that Mercedes' first language is Spanish. She didn't learn English until she moved back to the states at age fifteen. On her bucket list is a trip to France. She's heard a lot of stories and wants to go there because it's a romantic place. (Ties nicely into her love of romance novels, doesn't it?)

Mercedes is a one-of-a-kind rock star who wants to help others. It's what motivates her. She originally wanted to become a pediatric oncologist. However, now that she's worked at SSC and taking the nursing assistant class, she's questioning if her future lies in taking care of the elderly or the youth. She says she loves SSC because of the opportunities it has provided her. "It's not just about getting a job – it's the opportunity to get to know people, helping the elderly. I'm so glad I have this chance to become a CNA here." Mercedes, we feel like the lucky ones having such a dedicated person assisting our residents in all aspects of life. You truly are making a difference.

Welcome to the SSC TEAM

05/07	Arielle Gilson	Student CNA
05/07	Teah Lorier	Student CNA
05/07	Nicole Schmidt	Student CNA
05/09	Tessa Wilterdink	Life Enrichment
05/15	Linda Dekanich	Environmental Services
05/23	Jasmine Lawson	Willow RA
05/25	Catherine Thiessen	Dining Services
05/30	Cheyenne Biernat	CNA
05/30	Caitlyn Caelwaerts	CNA

A BIG Warm Welcome to the Newest Member of the SSC team, SaSSC!



SaSSC is a rescue who spends her days motivating residents and staff alike. She can be found in her office, located inside the DON and Staff Development office, when she is not making her rounds. Big thanks to the Kewaskum Vet Clinic for donating her and providing all her immunizations for free.

Nursing Notices

Nurses' Meeting – the SECOND Tuesday of EACH month:
Tuesday, June 12, July 10, August 14

CNA Meeting – the THIRD Tuesday of EACH month:
Tuesday, June 19, July 17, August 21

RA Meeting – the FOURTH Tuesday of EACH month:
Tuesday, June 26, July 24, August 28

Welcome to the Rehab Corner!!

June is Dairy Month and also National Safety Month!! Abby Amerling, DPT will be presenting at the Summer Series on June 19th topics of maintaining your health and finishing our discussion on remaining in your home.

In the rehab department in June, we are celebrating our Certified Occupational Therapist Assistant and Team Leader, Michelle Olson! Michelle graduated from Fox Valley Technical College in 1987. She has been a constant friendly face for the SSC therapy department for 9.5 years. Her skill sets include lymphedema, dementia care and stroke recovery. She is a busy mom of 7, and grandmother to 6 beautiful grandchildren. She enjoys spending her time in her consignment store servicing the people of Manitowoc. Stop by and introduce yourself to Michelle and receive an ice cream treat!!!

- Bridget Boy, Director of Rehab, PTA



Growing Our Crop with Jill Hand

Sheboygan Senior Community's first in-house Nursing Assistant class started Monday, May 7th with 5 students.

The students have received more than 2 weeks of classroom training with Staff Development Instructor, Jill Hand, and are in the process of finishing more than 3 weeks of clinical training within the SSC facility. After completion of the class the students will pass a State Certification test, and become CNAs at Sheboygan Senior Community. We are excited to announce we are now accepting applications for our next class: Monday, July 9th – Monday, August 13th! Anyone interested in the program can contact Jill for more information and to apply.



Students suited up during clinical for Infection Control.



Nursing Assistant students in their classroom setting, learning proper feeding techniques.



Class-named resident mannequin, Bobby Brown, ready for the students to learn proper toileting procedures.

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New **Sheboygan Senior Community** videos coming soon!

Employment Opportunities

Dining Services Attendant - Dining Services Attendants are responsible for providing food service to our Residents, families, guests, and co-workers, and for providing assistance in all Dining Services functions all the while ensuring safe and sanitary food handling practices as directed and in accordance with established policies and procedures. We are currently seeking employees for both Full Time & Part Time first shift, with some weekend hours. Previous Dietary experience preferred but not required.

Catering Events Staff – We are looking for individuals with customer service skills to assist with SSC Catering events. Occasional evening and weekend hours are available for setting up, serving, and cleaning up for events catered by SSC. Interested individuals should be friendly and service-orientated. Food service experience is appreciated but not required.

For consideration, please apply in person or send resume to:

Sheboygan Senior Community
3505 Cty. Rd. Y
Sheboygan, WI 53083

Visit us at: www.sheboyganseniorcommunity.com



June Dairy Month has kept our residents “moo-ving” and shaking! Life Enrichment Associate, Tessa, was able to bring in a 5 day old calf for our residents to love on. The young calf had our residents and staff smiling all day.

SSC Backyard



SSC is excited to announce that the courtyard outside of the Gallery will be receiving a much needed facelift. We have been fortunate to have the opportunity to be working with a landscaping enthusiast who has put together a design that is cohesive with the rest of the property. The majority of the plants are native to our area, and were selected specifically for their tolerance of their placement in the design. The planting will be the first phase towards completion of this project. The next phase will include the selection of a water feature and seating. In the future SSC hopes to feature outdoor artwork. For information about contributing to this project or other future courtyard projects, please contact Stephanie at ext. 847 or sgoetz@retiresheboygan.com.

In May the SSC property received an informative uplift with new signage! Check out the “Main Entrance” and “Assisted Living Willow Ln. 401-425” signs mounted above their respective entrances. The directional sign in the driveway has been updated, and an “Employee Entrance & Deliveries” sign has also been added to the south drive.

Wildlife sightings abound on the SSC property!



This turtle was seen greeting staff in the parking lot during National Nursing Home Week.



Resident artist and potter, Wolfgang, raises a glass during the Art Gallery Open House last quarter. His art will be on display until the end of the month. Check it out while you can!