

# Sheboygan Senior Community

Short Term Rehab • Assisted Living  
Skilled Nursing Care

*We are a faith-based, charitable nonprofit  
serving Sheboygan area seniors since 1962.*



10/02 James Lee  
10/04 Geraldine Rusch  
10/08 Leatrice Harris  
10/10 Fred Stanisch  
10/12 Bernice Lacombe  
10/31 Joan Rautman

## Staff Birthdays

|       |                     |                 |
|-------|---------------------|-----------------|
| 10/2  | Victoria Bond       | CNA             |
| 10/3  | Nikita Bell         | CNA             |
| 10/3  | Lucas Bouche        | RA              |
| 10/3  | Isabel Mueller      | Dining Services |
| 10/7  | Emelia Helland      | CNA             |
| 10/10 | Brenna Zajkowski    | Dining Services |
| 10/14 | Linda Kershek       | CNA             |
| 10/17 | Amber Averkamp      | Dining Services |
| 10/21 | Julie Scharenbroch  | RN              |
| 10/31 | Zachary Jarentowski | Dining Services |



## Staff Anniversaries



|                  |                 |          |
|------------------|-----------------|----------|
| Cori Menzer      | Dining Services | 20 years |
| Janet Crawford   | CNA             | 20 years |
| Karen Adams      | Dining Services | 10 years |
| Tina Kramer      | Scheduler       | 14 years |
| Nichole Michaels | RA              | 4 years  |
| Amber Averkamp   | Dining Services | 3 years  |
| Joan Diaz        | Laundry         | 1 year   |
| Melanie Becker   | LPN             | 1 year   |

2018



3505 County Rd Y | Sheboygan, WI 53083

(920) 458-2137

[sheboyganseniorcommunity.com](http://sheboyganseniorcommunity.com)

## Special Upcoming Events

- October 5 – 2:00 – Happy Hour – Café
- October 10 – 2:00 -- Guys Group – Oak Dining
- October 12 – 1:30 – An Afternoon w/ Nikki – Willow Dining
- October 13 -- Spooky Scavenger Hunt – See Melissa if interested
- October 15 – 10:30 – Willow Resident Council & Coffee Hour – Willow Living Room
- October 15 – 10:30 – Hickory/Maple/Oak Resident & Family Council – TOL
- October 15 – 2:00 – Nostalgia John: Memories & Melodies of 1964 – The Gallery
- October 17 – 2:00 – Poetry Party w/Hot Chocolate or Apple Cider – Oak Dining Room
- October 18 – 6:30-8:00pm – Gallery Open House – The Gallery
- October 19 -- 2:00 – Halloween Movie—TOL
- October 20 – Morning: Fall Trail Mix Creation  
Afternoon: Pumpkin Paintings  
*See Tessa if you are interested in these activities*
- October 22 – 1:00 -- Barber
- October 22 – 2:30 – Halloween Mask Making – Café Redwood
- October 23 -- 6:30 -- Pumpkin Bowling – Maple Dining
- October 24 – 2:00 -- Guys Group – Oak Dining
- October 25 – 6:30 – Spider Web Art Painting – Maple Dining
- October 26 -- 2:00 -- Tom Virant Accordion Polka Music – TOL
- October 27 -- Morning: Apple Stamping Pumpkins  
Afternoon: Carmel Apples  
*See Tessa if you are interested in these activities*
- October 29 -- Afternoon: Trick or Treating & Halloween Stories with Lake Country Academy Students
- October 30 -- 2:00 -- Halloween Bingo – Hickory Dining
- October 31 -- 2:30 -- Halloween Costume Party Happy Hour – Café/TOL

*\*Note: Sheepshead depends on volunteer availability. Please see Life Enrichment staff if you are interested in these programs. Bus Trips & nails are not posted on calendar, but have been scheduled.*



*In September we said our final goodbye to these friends as God called them home to their final resting place.*

**Art Hackendahl**  
1/4/1936 – 9/8/2018

**Mildred Wieberdink**  
5/10/1919 – 9/25/2018

*A death is not the extinguishing of a light,  
but the putting out of the lamp because the dawn has come.  
~Rabindranath Tagore*

# Art Gallery Open House

THURSDAY, OCTOBER 18, 2018  
6:30 - 8:00PM



*Join us for wine & hors d'oeuvres at our Traditions themed art exhibition!*

Sheboygan Senior Community Gallery  
3505 County Road Y



## Penny Wars

The pennies have been tallied and the results are in! This year's penny wars brought in \$155.09 for Team SSC in the Walk to End Alzheimer's. Therapy is our winner with a positive 3962 points, despite having the most dollar bills and silver to take away. 2<sup>nd</sup>: Willow (2535), 3<sup>rd</sup>: Maple (1082), 4<sup>th</sup>: Oak (583), 5<sup>th</sup>: Dining Services (289), 6<sup>th</sup>: Business Office (134), 7<sup>th</sup>: Hickory (-2376). Thank you to all who participated.

## GO CASUAL

NOW-THE  
END OF THE  
YEAR

Every Monday



## FOR THE ANIMALS

Each Monday from now until the end of the year, throw on jeans or other comfy pants for a \$5 donation to the Sheboygan County Humane Society. We will present the Humane Society the funds raised shortly after the new year.

Please bring your donations and any questions to Dana.

## Walk to End Alzheimer's

Team SSC raised a total of \$3194.20 for the Walk to End Alzheimer's in Sheboygan County. Our team came in 7<sup>th</sup> place over all. This year's walk shattered records left and right, with a projected \$92,000 in total funds raised. We're proud to play an integral part in raising awareness and funds to put an end to this disease. Thank you everyone!

# Resident Spotlight – Gladys Sommersberger



Gladys and  
her sister, Evie  
at July's Art  
Gallery Open  
House

Gladys Sommersberger is a woman of conviction and independence who refuses to let age slow her down. She grew up in Beaver Dam, WI as the eldest of three brothers and three sisters. As a family, they did a lot together. One of her favorite memories is rolling out the dough and making cut out Christmas cookies with her siblings. She laughs as she recalls the family trying to go out and sing Christmas carols. To this day, Christmas remains Gladys's favorite holiday.

When Gladys's father got a job at Kohler, the family moved to Sheboygan. She remembers a time when her mother went to school with the kids and a cat followed her home. They had that cat for about three years before the cat followed her mom back to school and found herself a new family. Gladys went on to graduate from Sheboygan Central High School, but not before befriending one of her neighbors, Edwin, or as Gladys called him, Eddie.

Eddie was four years older than Gladys. "You always think they are a little wiser when they're older. I guess I wanted him, so I got him," she said. They married

before the war when Gladys was about 20 years old. They would've gotten married sooner, but her father wanted her to wait a while. Their marriage was held at St. Paul Lutheran Church in Sheboygan with a small wedding party of only one person on each side. Then, they had their reception at a hall near Garton Toy Factory.

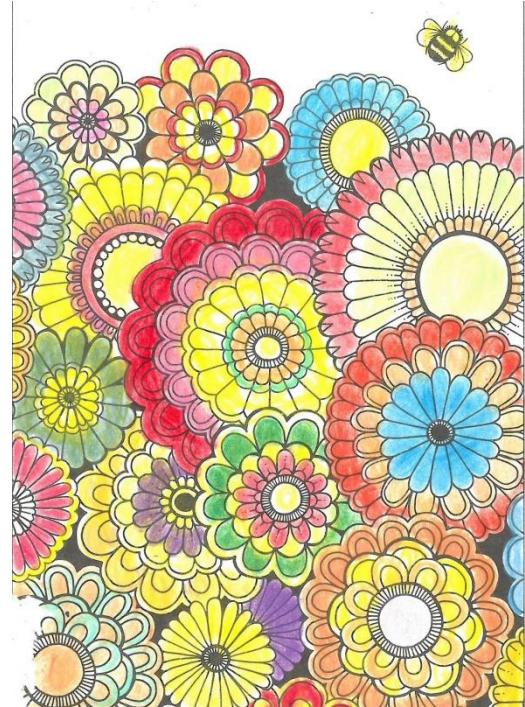
While Eddie was stationed in Alaska during the war, Gladys went to work. She inspected the stockings at the Hand Knit Hosiery Company (now known as Wigwam) a few blocks from her house. She said it didn't pay much, but it was better than nothing. The inspection process is still engrained in Gladys's mind, "You took the stockings and put them over a metal rod with a light on it, so you could see the holes. You would tie a bundle one way if they had holes and another if they were alright." She worked there for about three years while Eddie was away, and stayed working after he came back home.

Due to Eddie's work with the Navy, the two got to travel by default. Gladys visited him in Alaska and loved seeing the wildlife, despite the very cold temperatures. They also went to Los Angeles in California, Seattle, Washington, and more on the West Coast, as well as Boston on the east. More locally, the two loved going to the movies for date nights because it was a fun, affordable option. Gladys admits she thinks they made better movies in those days.

After the war, Eddie worked at the Hyle Company as a welder. They enjoyed their time living in West Allis, a suburb of Milwaukee. After a while, Eddie accepted a position with Kohler as an inspector and they moved back to Sheboygan. Some of Gladys's favorite memories include when all the family comes in and rents a cottage in Elkhart Lake.

In just the past 20 years or so, Gladys got into coloring, and is she ever good at it! It's not uncommon to see her crafting and creating during our open art studio sessions. She is a frequent featured artist in our Gallery. When asked what her secret is to aging gracefully, she said, "if you don't eat right, you aren't going to be right." However, she treats herself to chocolate every now and then, because she deserves it.

She's enjoyed her time getting to know the staff and fellow residents at SSC. "Everyone here is very talented at what they do and they're all so nice. They all care," she said. Gladys we've loved getting to know you and listening to your stories. Your smile and laugh bring joy to everyone around. If anyone has the opportunity, check out some of Gladys's coloring – you'll be impressed!



A Gladys original coloring

## Staff Spotlight – Brenna Zajkowski – Dining Services



*Best friends and  
SSC Dietary Aide  
superstars,  
Brenna and Isabel*

This month's staff spotlight shines on one of our superb Dining Service workers, Brenna Zajkowski. Brenna earns the title of most enthusiastic dietary aide due to her immense help in recruiting her friends to work at SSC. If you think we're kidding, ask her how many friends and classmates work with her on any given shift. The answer will likely be more than half of the staff. In fact, she's been best friends with another one of our dietary aides, Isabel, since she moved three blocks away in first grade.

Brenna was born and raised in Sheboygan. She's the oldest in her family with two younger sisters and is currently in her senior year at Sheboygan South. She has been working at SSC for about a year and a half. She and her mom were visiting her great-grandma in our assisted living, when her mom saw the dining services position and they both thought she would be a great fit. Brenna loves the flexibility of her schedule, the residents and all of her coworkers.

When Brenna has free time, she enjoys hanging out with friends, watching movies, and listening to a wide range of music. She laughs as she talks about her 500+ song playlist on Spotify. We dove deeper into her appreciation of the arts and she fired off some of her favorites –

Favorite genre of music: Alternative/Indie

Favorite Bands: Peach Pit, Rex Orange County, Twenty One Pilots

Favorite movie: Lost Boys

Favorite actor: Corey Haim and River Phoenix

Favorite TV Shows: Agents of Shield, Daredevil, Legends of Tomorrow, Being Human, and Castle

A lot of her favorite movies and TV shows have similar themes related to comic books, or fantasy characters like vampires. This doesn't come as a surprise because Brenna is a big reader. She loves the book Call Me by Your Name, the Harry Potter series and Percy Jackson books. She's also into fan fiction – where fans create alternate versions of what could've happened with their own twist on the book. As for comics, she likes Marvel and DC, but Marvel is her ultimate favorite.

People may not know that Brenna is quite the artist. She's phenomenal at drawing people, and it's something she's confident and passionate about. She's been drawing since she can remember and has always enjoyed art class.

If Brenna could go anywhere, she would be on a plane to New York City. She wants to go to Time Square and visit all of the tourist traps. She would love to see the Lion King on Broadway because to this day, it's still her favorite Disney movie. Also, the majority of TV shows she watches are based in New York, so she'd like to see everything for herself.

We cannot overstate what an asset Brenna has been to our team. Her enthusiasm and drive are admirable and we are stronger as a facility because of her dedication. Thank you for all you do for our residents!!



## Welcome to the SSC TEAM

|      |                    |                  |
|------|--------------------|------------------|
| 9/11 | Dakota Barnette    | Dining Services  |
| 9/11 | Marie Klassy       | Dining Services  |
| 9/11 | Marilyn Swift      | Residential Aide |
| 9/13 | Julie Scharenbroch | RN-Willow        |
| 9/17 | Ursula Halle       | Dining Services  |
| 9/17 | Myranda Pungarcher | Residential Aide |

## **Growing Our Crop with Jill Hand**

Thank you to all staff who took time out of their busy days to attend the Dementia Care training and virtual dementia tours. This training counts toward our nursing staffs' continuing education credits, and many staff members said they learned a lot.

### **SAVE THE DATE:**

OCTOBER 16

CPR CLASS – GALLERY

CONTACT JILL TO SIGN UP OR WITH  
QUESTIONS

## **Nursing Meeting Notices - 2pm start**

**Nurses**– the SECOND Tuesday of EACH month:  
Oct. 9, Nov. 13, Dec. 11.

**CNAs**– the THIRD Tuesday of EACH month:  
Oct. 16 , Nov. 20, Dec. 18

**RAs**– the FOURTH Tuesday of EACH month:  
Oct. 23, Nov. 27, Dec. TBD

## **Welcome to the Rehab Corner!!**

Welcome fall!!! Autumn is a beautiful time in our state. It also is a perfect time to get outdoors, welcome the cooler temperatures and introduce your body to a wellness program! A lot of lower-body strength-training exercises also will improve your balance.

Having good balance is important for many activities we do every day, such as walking and going up and down the stairs. Exercises that improve balance can help prevent falls, a common problem in older adults.

If you would like to start an exercise program and don't know where to start.....look no further!! Contact our therapy department to initiate a program designed with you in mind. Now is the time to start to prevent unwanted slips and trips as our weather continues to change.

~Bridget Boy, PTA/DOR



Hello and Happy October!

As promised, the kick-off to Autumn was unusually busy for everyone here at SSC. I am very proud of how everything went and how much we were able to pack in a relatively short amount of time. I'm also especially grateful for everyone whose hard work made it all happen. I really can't get over what a great team we have here, especially those who regularly add 'Event Planning' to their already full list of responsibilities.

We started with our first annual Welcome to Fall All-Staff Meetings. Not sure what took me so long, but I finally realized that if we want to stay connected with our employees who work such a wide variety of shifts (our students in particular), perhaps we need to add a session that was not in the middle of the typical workday. I am not sure if it was the new time or maybe it was the really cool water bottles and t-shirts we gave out, but we had well over 100 employees attend. These were much more interactive than our typical all-staff meetings and I think everyone got a lot out of the discussions. I did, anyway. Thank you to all of our employees who attended and presented.

The whole next week was spent preparing for our 3 Year Anniversary Party. We decided to try something different here, too, by giving our outstanding dietary department a break for this event and arranging for BoMallie's Food Truck and Coco's Ice Cream Truck for dessert. We ended up serving well over 200 guests, so we appreciated everyone's patience in the food line. The weather cooperated and the band was great- a perfect way to celebrate three years in our amazing location. Dana led the way here, too, but was ably assisted by Stephanie, Heather, Joan B., Joan H., Kim, Tara, Ashley, Allen, Gary, and all the nursing employees who completely upended their usual routines and helped transport and assist residents that day. Thank you so much to our guests for joining us, and to our fantastic staff for making it all work.

Just a few days after that, as we prepared for the Alzheimer's Walk, Melissa coordinated our 2nd Annual Walk Around the Pond. With all of our employees busy doing their work, it is quite an undertaking to have nearly half of our residents bundled up and ready to go, but seeing how much everyone enjoyed being outside and enjoying our greenspace made it worthwhile. Thank you to the family members and volunteers who helped that day.

As is our 2 year tradition, our Walk was a prelude to the annual Alzheimer's Walk at Evergreen Park. I was very proud to see the SSC team doing our small part in the battle to conquer this devastating disease. Of course, we care for people suffering from dementia related illnesses every day, but seeing all the purple shirts and noting the number of different teams dedicated to their loved ones was a stark reminder of how many families wrestle with the challenges of Alzheimer's every day. Even as science and better lifestyle choices are helping the typical American live longer than ever, despite significant international research, there has been relatively little progress made in stopping or even slowing the disease progression, not to mention preventing it. Let's hope there is a break-through very soon. Until there is, we will continue doing our part to care for our residents with dementia.

And on a very related note, we ended the month with presentations by our architects about conceptual designs of a master plan that is intended to provide a preliminary roadmap for the continued growth of SSC. There is still much to be determined, but there is consensus among the key stakeholders that the next phase of our development should be to build a Memory Care facility on the northwest corner of our campus. We will have much more to consider and decide in the weeks ahead, but I am very excited to be at this point. Stay Tuned!

I want to close with a few personnel announcements and Shout Outs. First, a huge Congratulations(!) to all the students who recently completed their coursework and passed their tests to become Certified Nursing Assistants as part of our newly developed CNA class. We are so pleased and proud to have you working with us. And thank you to Jill Hand for all that went into creating this from scratch. Your hard work most certainly paid off.

I also want to welcome Julie B. our new Registered Nurse on Willow (assisted living). Julie comes to us with a great deal of experience and has already gotten to know the residents and staff very well. I am very glad that Julie has joined our leadership team. Julie is taking over the clinical duties that for the last several months have been covered by our DON, Lisa Hill. Not only has Lisa been wearing one of the most challenging professional hats that there is- Director of Nursing of a Skilled Nursing Facility- but she has also been the primary nurse for 25 elderly residents. And doing a great job at both. I also want to send a shout-out to all of our Willow Resident Assistants, but our long-time employees Lora, Nikki, Rita, and Amanda in particular.

And one more Congratulations to Grisel Rivera, who was recently promoted to Lead Housekeeper of 6<sup>th</sup> Street (Landmark and Founder's Club.) This is a big responsibility, but we know Grisel is up to it. I also want to recognize and thank our housekeepers Bonita, Linda, and Cassy, for doing a consistently fantastic job keeping our building clean, as well as our Laundry Staff, Sharon and Joan. While they work behind the scenes, each of these ladies are as dependable and hard-working as you will ever find. And they are led by Joan Harder, who quite simply makes my job easier every day.

As we get into October it is hard to know what kind of year the Packers are going to have, but I sure am enjoying being a Brewer fan right now. What a class organization they are, and what a year they are having. The owner wants to win, but allows the GM and Coach to invest albeit wisely, be creative and take risks. There are a few superstars, but even they are humble and unassuming. But what strikes me the most is that virtually every member of the team does their part, whether on the mound, at the plate or in the field, and each of them has come through at key times during the entire second half of the season. And everyone seems to genuinely like and support each other, not a jerk in the bunch. Now, that's the kind of team I respect and can relate to. Go Brew Crew!!!

-pt

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Watch the Sheboygan Senior Community videos!



SSC Celebrates 3 Years on County Rd Y



## Employment Opportunities

**Dining Services Attendant** – We are seeking employees for Full Time and Part Time First and Second Shift positions, with some weekend hours. Previous Dietary and Food Service experience preferred not required, but comfort handling a cash register is a necessity. Dining Services Attendants are responsible for providing food service to Residents, families, guests, and co-workers. They also provide assistance in other areas of Dining Services functions while ensuring safe and sanitary food handling practices in accordance with established policies and procedures. SSC offers competitive wages and a comprehensive benefit package.

*Please apply in person or send resume to:*

*Sheboygan Senior Community*

*3505 Cty Rd. Y | Sheboygan WI 53083*

## Volunteer Opportunities

SSC is looking for individuals willing to donate their time to various Life Enrichment activities:

- Mail delivery mornings on Tuesday or Friday
- Volunteers to play Sheepshead on Thursdays from 3:30-4:30pm
- Volunteers to polish nails
- Someone to play various card games and Dominoes or Skip-bo with residents a few times a month or so
- Someone to listen to music with residents, interview them for music likes
- Outdoor activities with Residents including gardening and trips around the pond

For more information, contact Life Enrichment, ext. 710.